Communicating risks and evidence in a public health emergency

Dr Alexandra Freeman Dr Gabriel Recchia Christin Ellermann Dr John Kerr

"to inform and not persuade"

Dr Alex Freeman @alex\_freeman



Winton Centre for Risk and Evidence Communication

HARDING CENTER FOR RISK LITERACY

# Inform

## Persuade



Winton Centre for Risk and Evidence Communication

HARDING CENTER FOR
RISK LITERACY



Informed consent in medicine Forensic evidence in court

AMBRIDGE

TYOF

Marketing PR

#### Winton Centre for Risk and Evidence Communication



Informed consent

Marketing

#### Public health?



Winton Centre for Risk and Evidence Communication

HARDING CENTER FOR RISK LITERACY

Inform	VS	Persuade
Understand	VS	Believe
Better informed	VS	Changed behaviour
Information	VS	A message
Be trustworthy	VS	Be trusted



Winton Centre for Risk and Evidence Communication

# The principles of good communication of numbers...



Winton Centre for Risk and Evidence Communication



The 3<sup>rd</sup> generation oral contraceptive pill 'doubles' the rate of potentially fatal venous thrombosis

UK Committee on Safety of Medicines 1995



Winton Centre for Risk and Evidence Communication



The 3<sup>rd</sup> generation oral contraceptive pill 'doubles' the rate of potentially fatal venous thrombosis

UK Committee on Safety of Medicines 1995

10,000 extra abortions 30,000 extra conceptions



Winton Centre for Risk and Evidence Communication



The 3<sup>rd</sup> generation oral contraceptive pill 'doubles' the rate of potentially fatal venous thrombosis

UK Committee on Safety of Medicines 1995

10,000 extra abortions30,000 extra conceptions

Absolute risks (actual likelihood): 1 in 7000 per year for 2<sup>nd</sup> generation pill 2 in 7000 per year for 3<sup>rd</sup> generation pill

(Barnett & Breakwell, 2003)



Winton Centre for Risk and Evidence Communication

# O HARDING CENTER FOR RISK LITERACY





Winton Centre for Risk and Evidence Communication

# HARDING CENTER FOR

# It's not just what you say, it's the way that you say it...



Winton Centre for Risk and Evidence Communication

HARDING CENTER FOR RISK LITERACY

## Even the format of the number makes a difference...

How risky does this chance of dying of COVID-19 feel...



OR



## Even the format of the number makes a difference...

How risky does this chance of dying of COVID-19 feel...



OR



## Even the format of the number makes a difference...

How risky does this chance of dying of COVID-19 feel...





The UK is preparing for the outbreak of 'flu that is expected to kill 6000 children. Two companies are offering you vaccines, with different claims. Which would you choose?

- A. 2000 children will be saved.
- B. There is a 1/3 probability that
  6000 children will be saved, and
  a 2/3 probability that none will
  be saved.



A month later you need to order more vaccine stock. The companies now have different vaccines available. Which do you choose?

- A. 4000 children will die.
- B. There is a 1/3 probability that no children will die, and a 2/3 probability that 6000 children will die.



### Scenario 1 (Gain Frame)

• 2000 children will be saved.

#### Scenario 2 (Loss Frame)

• 4000 children will die.

- There is a 1/3 probability that 6000 children will be saved, and a 2/3 probability that none will be saved.
- There is a 1/3 probability that no children will die, and a 2/3 probability that 6000 children will die.



Winton Centre for Risk and Evidence Communication



Winton Centre for Risk and Evidence Communication

What do you think is the risk of you getting the following side-effects from your statin?

- Constipation ('common'): ?
- Pancreatitis ('rare'): ?

Winton Centre for Risk and Evidence Communication

What do you think is the risk of you getting the following side-effects from your statin?

- Constipation ('common'): 34% (mean estimate)
- Pancreatitis ('*rare*'): 18% (mean estimate)

Knapp et al, Qual Saf Health Care 2004;13:176–180

Winton Centre for Risk and Evidence Communication

What do you think is the risk of you getting the following side-effects from your statin?

• Constipation ('*common*'): 34%

Actual risk 2.5%

• Pancreatitis ('*rare*'): 18% 0.04%

Knapp et al, Qual Saf Health Care 2004;13:176–180

Winton Centre for Risk and Evidence Communication

HARDING CENTER FOR RISK LITERACY

## Over to Dr Gabe Recchia....



Winton Centre for Risk and Evidence Communication

# John Krebs' checklist

- 1. What you know
- 2. What you don't know
- 3. What you are doing to find out
- 4. What we can all can do in the meantime to be on the safe side
- 5. That advice will change (and when/how you will update it)



# Putting numbers into context

Dr. Gabriel Recchia

Winton Centre for Risk and Evidence Communication



 Numbers mean little to people when stripped of context

- What kinds of context did our research find were helpful when communicating COVID-19 risk?
- What were the effects of providing this context?



#### ROYAL SOCIETY OPEN SCIENCE

Communicating personalized risks from COVID-19: guidelines from an empirical study

Alexandra L. J. Freeman ⊠, John Kerr, Gabriel Recchia, Claudia R. Schneider, Alice C. E. Lawrence, Leila Finikarides, Giulia Luoni, Sarah Dryhurst and David Spiegelhalter

GF Winton Centre for Risk and Evidence Communication WintonCentre@maths.cam.ac.uk

# The challenge

To present personalised information about an individual's estimated risk of dying from COVID-19 if they caught it

- primary audience: the general public
- aim: to inform

NIVERSITY OF CAMBRIDGE Winton Centre for Risk and Evidence Communication WintonCentre@maths.cam.ac.uk Your <u>estimated</u> risk of dying if you get COVID-19 is 12%

If **100 people** like you got COVID-19, we would expect around **12** of them to die.

For comparison, the average risk for:

- An 85 year old is 19%
- A **70** year old is **6%**
- A 50 year old is 0.2%

RIDGE Winton Centre for Risk and Evidence Communication WintonCentre@maths.cam.ac.uk

*"If this was your outcome, this number, 12% risk of dying if you catch COVID-19, would this outcome make you do anything differently from what you are currently doing, or not?"* 

"I don't think so, because 12%, that's quite low in my opinion."



[Later in interview]

"So based on this, what is the likelihood that this person will die if they catch COVID-19?"

"12%."

"And what does that mean in terms of 100 people?"

#### "Every 12 people out of 100."

"So for you personally, this 12% is a high risk or a low risk?"

"I don't know, because I did say low risk, but if you actually think about it... it's quite high. I'd say yeah, I think it's quite high, but as I said I think I'd just continue as I'm doing."

UNIVERSITY OF CAMBRIDGE Winton Centre for Risk and Evidence Communication WintonCentre@maths.cam.ac.uk "You'd changed your mind, at the beginning you thought it was low, but now that you rethink this 12% it doesn't sound that low anymore, you think it's high."

"Yeah, I think it's quite high. Because if you look there as well with the 70-yearold, that's 6%, so that bit's helpful because now I can say, oh ok, 12%, I am actually quite at risk then. I'm obviously stereotyping massively, because in my mind they might have respiratory stuff going on."

"That's interesting, part of the reason that you changed your mind about that 12% is because you saw that the average risk for a 70-year-old is 6%?"

"Exactly."



# What's the right context or comparison to provide?

- Risks for healthy or 'average' people of a specified age?
- Risks for a hypothetical person who is 'like you' but differs in some particular way?
- The type of person (in terms of risk factors such as age, health conditions, etc.) who might be at that level of risk?
- The proportion of the population with a lower risk?
- Risk of dying from influenza? Accidents? Other causes?

# What's the right context or comparison to provide?

- Risks for healthy or 'average' people of a specified age?
- Risks for a hypothetical person who is 'like you' but differs in some particular way?
- The type of person (in terms of risk factors such as age, health conditions, etc.) who might be at that level of risk?
- The proportion of the population with a lower risk?
- Risk of dying from influenza? Accidents? Other causes?

BRIDGE Winton Centre for Risk and Evidence Communication WintonCentre@maths.cam.ac.uk

# What's the effect of providing this context?

Are there effects on...

- Audience evaluation of the message?
- How large the risks are perceived to be?
- How biased the audience is by aspects of the message that 'should' be irrelevant, such as whether the numbers are communicated as frequencies or percentages?

See also: Weinstein, N. D., & Sandman, P. M. (1993). Some criteria for evaluating risk messages. *Risk Analysis*, *13*(1), 103-114.

UNIVERSITY OF CAMBRIDGE Winton Centre for Risk and Evidence Communication WintonCentre@maths.cam.ac.uk



#### < Go Back Your result: 2% We'd expect 2% of people with this result to die if they got COVID-19 Out of 10,000 people who entered the same information as you, we would expect around 200 to die if they got COVID-19 Their actual risk of dying could be as low as 1% or as high as 3% This has been calculated based on hospital data and

Very few

people have a higher risk than

30%

25%

20%

15%

10%

5%

2%

0%

What can I do to avoid catching COVID-19?

GP records from England.

Can I reduce my risk of dying if I catch COVID-19?

GE

Winton Centre for Risk and Evidence Communication		
< Go Back		Very few people have a
Your result: 2%		higher risk than 30%
We'd expect <b>2%</b> of people with this result to die if they got COVID-19		30%
Out of <b>10,000 people</b>		25%
who entered the same information as you, we would expect around <b>200</b> to die if they got COVID-19		20%
Their actual risk of dying could be as low as 1% or as high as <b>3</b> %		_15%_
		_10%_
This has been calculated based on hospital data and GP records from England.	Risk of someone the same age dying from 'flu	5%_
What can I do to avoid catching COVID-19?	if they caught it is 0.5%	0%

Can I reduce my risk of dying if I catch COVID-19?

#### UNIVERSITY OF CAMBRIDGE Winton Centre for Risk and Evidence Communication

< Go Back		Very few people have a
Your result: 2%	Risk for 90 year old with diabetes,	higher risk than 30%
We'd expect <b>2%</b> of people with this result to die if they got COVID-19	kidney disease & Parkinson's is <b>27%</b>	_30%
Out of <b>10,000 people</b> who entered the same	Risk for 90 year old with no health conditions	25%
we would expect around <b>200</b> to die if they got COVID-19	Risk for	20%
Their actual risk of dying could be as low as 1% or as high as <b>3%</b>	with no health conditions is 13%	_15%_
	Risk for <b>70 year old</b> with no health conditions	_10%_
This has been calculated based on hospital data and GP records from England.	is 6% Risk for 40 year old	_ 5% _
What can I do to avoid catching COVID-19?	d with no health conditions	2%) 0%

Can I reduce my risk of dying if I catch COVID-19?

Winton Centre for Risk and Evidence Communication WintonCentre@maths.cam.ac.uk

Participants' preferences across the five presentation formats tested in Experiment 4.3 when shown all five and asked to rank them (n = 2500).



AMBRIDGE Winton Centre for Risk and Evidence Communication WintonCentre@maths.cam.ac.uk

format

## What about...

- How large the risks are perceived to be?
  - Perceived likelihood of death? How worried people said they would be about catching COVID-19 if this was their result? The degree to which people said they would like to see this information? The degree to which people said they would change their behaviour? The degree to which people were more concerned with catching COVID-19 vs. seasonal flu?
- Trust in the information? In the producers of the information?
- Perception in the certainty of the information?

NIVERSITY OF CAMBRIDGE Winton Centre for Risk and Evidence Communication WintonCentre@maths.cam.ac.uk
- Audience preferred version with risk ladder to text-only version
- No significant differences on measures of behavioural intentions – except when viewing % surviving rather than % dying (survival framing made people less cautious)
- Caveat: Those viewing a text-only version did appear to perceive the risks as greater than those viewing the risk ladder



CAMBRIDGE WintonCentre for Risk and Evidence Communication WintonCentre@maths.cam.ac.uk



"If Sam catches COVID-19, Sam's risk of dying is **20%**. For context: They are an Asian man aged 85 with a heart condition and diabetes"

"If Jo catches COVID-19, Jo's risk of dying is **5%**. For context: They are a white woman aged 40 with a high BMI and undergoing cancer treatment"

"If Mel catches COVID-19, Mel's risk of dying is **0.1%**. For context: They are a white man aged 30 with no underlying health conditions"

AMBRIDGE Winton Centre for Risk and Evidence Communication WintonCentre@maths.cam.ac.uk

# Conclusions

• No easy shortcuts: important to find out what kind of context your audience would find useful

 If you can, you may be able both to improve how your audience evaluates the message, and ground their interpretation in something that means more to them than a raw probability

Freeman, A. L., Kerr, J., Recchia, G., Schneider, C. R., Lawrence, A. C., Finikarides, L., ... & Spiegelhalter, D. (2021). Communicating personalized risks from COVID-19: guidelines from an empirical study. *Royal Society Open Science*, *8*(4), 201721.

CAMBRIDGE Winton Centre for Risk and Evidence Communication WintonCentre@maths.cam.ac.uk

# Contributors to the research presented here





Alexandra Freeman

Alice Lawrence



Claudia Schneider



**David Spiegelhalter** 



**Gabriel Recchia** 



Giulia Luoni



Ilan Goodman



John Kerr



Leila Finikarides



María Climént-Palmer



Sarah Dryhurst

Winton Centre for Risk and Evidence Communication WintonCentre@maths.cam.ac.uk ΞĒ

# INFORMED COVID-19 MRNA VACCINATION DECISIONS WITH FACT BOXES

# $\bigcirc$ $\bigcirc$ HARDING CENTER FOR 888 **RISK LITERACY**









ROBERT KOCH INSTITUT

# Christin Ellermann, M.Sc. PH

Harding Center for Risk Literacy, Faculty of Health Sciences Brandenburg, University of Potsdam

#### Fact box: How safe and effective are COVID-19 mRNA vaccines for adults under the age of 60?

 $\sim$ 

This fact box compares adults under the age of 60 years who have not been vaccinated against COVID-19 (left side) with vaccinated adults (right side). It is assumed that 240 out of 1,000 unvaccinated people will get sick. This is comparable to your risk of getting sick if you have close contact with someone who is infected.

	1,000 non-vaccinated adults	1,000 <b>vaccinated</b> adults		
Benefits of the vaccine				
How many get COVID-19?	240	10		
and – depending on their age or previous medical conditions – have to be <b>treated in hospital</b> due to severe illness?	6 to 31	0 to 1		
and experience long-term complications from COVID-19?	The numbers are still uncertain. There is clear evidence of permanent respiratory distress and memory impairment due to COVID-19 ("long COVID").			
Harms from the vaccine				
How many are unable to participate in their daily activities (due to temporary fatigue, fever, aches, or chills) on individual subsequent days <u>due to a vaccine dose?</u>	0	82		
How many <b>suffer severe harm</b> (e.g., allergic overreaction) within a month <u>due to a vaccine dose?</u>	0	Close to 0		
How many suffer from long-term complications <u>due to the</u> vaccination?	0	There are currently no indications of long-term complications.		
Note: Typical vaccine reactions, which may affect the arm or the entire body, such as allergic reactions, and potential relationships between the vaccine an paralysis) are currently under examination. It is not yet clear how long the vac	usually subside after one to two days. The d less typical reactions (e.g., insomnia, enla ccine provides protection.	occurrence of rare vaccine reactions, rged lymph nodes, and transient facial		

Sources for the vaccines Comirnaty (manufacturer BioNTech/Pfizer) and Moderna (manufacturer Moderna): Baden 2020. NEJM; BioNTech & Pfizer 2020. www.comirnatyeducation.de; CDC 2021. MMWR; EMA 2020. www.ema.europa.eu; FDA 2020. FDA Briefing Document; Polack 2020. NEJM; RKI 2020. reporting data; STIKO 2021. Epidemiological Bulletin.



Science Communication Ur Robert Koch Institute E-Mail: wiko@rki.de

# INFORMED COVID-19 MRNA VACCINATION DECISIONS WITH FACT BOXES

## What is a fact box?

against COVID-19 (left side) with vaccina e to your risk of getting sick if you have c 1,000 <b>non-vaccinated</b> adults	ated adults (right side). lose contact with someone who is infected.	
1,000 non-vaccinated adults	1.000	
1,000 1,000 non-vaccinated adults vaccinated adults		
240	10	
6 to 31	0 to 1	
The numbers are still uncer permanent respiratory distres COVID-19 (	tain. There is clear evidence of a and memory impairment due to "long COVID").	
o	82	
0	Close to 0	
0	There are currently no indications of long-term complications.	
	240 6 to 31 The numbers are still uncer permanent respiratory distres COVID-19 ( 0 0 0	

Sources for the vaccines Comirnaty (manufacturer BioNTech/Pfizer) and Moderna (manufacturer Moderna): Baden 2020. NEJM; BioNTech & Pfizer 2020. www.comirnatyeducation.de; CDC 2021. MMWR; EMA 2020. www.ema.europa.eu; FDA 2020. FDA Briefing Document; Polack 2020. NEJM; RKI 2020. reporting data; STIKO 2021. Epidemiological Bulletin.

#### Christin Ellermann | Harding Center for Risk Literacy | Faculty of Health Sciences Brandenburg | University of Potsdam

#### christin.ellermann@uni-potsdam.de

Robert Koch Institute E-Mail: wiko@rki.de

## Evidence based summary

- Balanced overview of benefits and harms
- Not designed to enforce directed behavioral change

## Aim

- Support informed decisions
  - Comprehensive knowledge
  - Decision is congruent with needs and preferences
- Maybe boost of vaccination uptake for people who lack information

adults under the age of 60?	88° RISK LI	FERACY	
fact box compares adults under the age of 60 years who have not been vaccina assumed that 240 out of 1,000 unvaccinated people will get sick. This is compa	ated against COVID-19 (left side) with vaccina rable to your risk of getting sick if you have o	ated adults (right side). close contact with someone who is infected	
	1,000 <b>non-vaccinated</b> adults	1,000 <b>vaccinated</b> adults	
Benefits of the vaccine			
How many get COVID-19?	240	10	
and – depending on their age or previous medical conditions – have to be <b>treated in hospital</b> due to severe illness?	6 to 31	0 to 1	
and experience long-term complications from COVID-19?	The numbers are still uncertain. There is clear evidenc permanent respiratory distress and memory impairment COVID-19 ("long COVID").		
Harms from the vaccine			
How many are <b>unable to participate in their daily activities</b> (due to temporary fatigue, fever, aches, or chills) <b>on individual subsequent</b> days <u>due to a vaccine dose?</u>	0	82	
How many <b>suffer severe harm</b> (e.g., allergic overreaction) within a month <u>due to a vaccine dose?</u>	0	Close to 0	
How many suffer from long-term complications due to the vaccination?	0	There are currently no indications of long-term complications.	
Note: Typical vaccine reactions, which may affect the arm or the entire bod such as allergic reactions, and potential relationships between the vaccine a paralysis) are currently under examination. It is not yet clear how long the y	y, usually subside after one to two days. The and less typical reactions (e.g., insomnia, enl accine provides protection	occurrence of rare vaccine reactions, arged lymph nodes, and transient facial	

# What are the key elements of a fact box?

	1,000 non-vaccinated adults	1,000 <b>vaccinated</b> adults
Benefits of the vaccine		
How many get COVID-19?	240	10
and – depending on their age or previous medical conditions – have to be <b>treated in hospital</b> due to severe illness?	6 to 31	0 to 1
and experience long-term complications from COVID-19?	The numbers are still unce permanent respiratory distres COVID-19	rtain. There is clear evidence of ss and memory impairment due to ("long COVID").
Harms from the vaccine		
How many are unable to participate in their daily activities (due to temporary fatigue, fever, aches, or chills) on individual subsequent days due to a vaccine dose?	0	82
How many <b>suffer severe harm</b> (e.g., allergic overreaction) within a month <u>due to a vaccine dose?</u>	0	Close to 0
How many <b>suffer from long-term complications</b> <u>due to the</u> <u>vaccination?</u>	0	There are currently no indications of long-term complications.

#### christin.ellermann@uni-potsdam.de

# FACT BOX ON COVID-19 MRNA VACCINES - KEY ELEMENTS



# How has the fact box been *implemented?*

	1,000 non-vaccinated adults	1,000 vaccinated adults	
Benefits of the vaccine			
How many get COVID-19?	240	10	
and – depending on their age or previous medical conditions – have to be <b>treated in hospital</b> due to severe illness?	6 to 31	0 to 1	
and experience long-term complications from COVID-19?	The numbers are still unce permanent respiratory distres COVID-19	rtain. There is clear evidence of s and memory impairment due to "long COVID").	
Harms from the vaccine			
How many are <b>unable to participate in their daily activities</b> (due to temporary fatigue, fever, aches, or chills) <b>on individual subsequent days</b> <u>due to a vaccine dose?</u>	0	82	
How many <b>suffer severe harm</b> (e.g., allergic overreaction) within a month <u>due to a vaccine dose?</u>	0	Close to 0	
How many <b>suffer from long-term complications</b> <u>due to the</u> <u>vaccination?</u>	0	There are currently no indications of long-term complications.	

# FACT BOX ON COVID-19 MRNA VACCINES - IMPLEMENTATION

- Fact boxes are embedded in an accompanying text
- Available for two risk groups: people aged 18-59 and from 60 years
- Complex version has been revised and replaced by a simple fact box
- Update and version for youth and young adults in progress



# FACT BOX ON COVID-19 MRNA VACCINES - IMPLEMENTATION

- Visualization is intended to help low-numerate people or people with poor reading skills compare benefits and harms
- Available in nine other languages besides English and German



## Can fact boxes support informed **COVID-19 vaccination decisions?**

	1,000 <b>non-vaccinated</b> adults	1,000 <b>vaccinated</b> adults
Benefits of the vaccine		
How many get COVID-19?	240	10
and – depending on their age or previous medical conditions – have to be <b>treated in hospital</b> due to severe illness?	6 to 31	0 to 1
and experience long-term complications from COVID-19?	The numbers are still uncer permanent respiratory distres COVID-19 (	tain. There is clear evidence of s and memory impairment due to "long COVID").
Harms from the vaccine		
How many are unable to participate in their daily activities (due to temporary fatigue, fever, aches, or chills) on individual subsequent days due to a vaccine dose?	0	82
How many <b>suffer severe harm</b> (e.g., allergic overreaction) within a month <u>due to a vaccine dose?</u>	0	Close to 0
How many suffer from long-term complications due to the vaccination?	0	There are currently no indications of long-term complications.

#### Christin Ellermann | Harding Center for Risk Literacy | Faculty of Health Sciences Brandenburg | University of Potsdam

#### christin.ellermann@uni-potsdam.de

- Knowledge improvement (McDowell et al. 2016, 2019; Brick et al., 2020; Rebitschek et al., under review)
- Representative online survey in Germany with 14,000 invited panelists
- Preregistered study:

## https://aspredicted.org/DDI\_WHT

More likely vaccination intention in people who were undecided before

## Conclusion

- Informed decisions can also lead to vaccination decisions
- Further research on vulnerable groups

Undecided about intending at pre: Intention to have a COVID-19 vaccination after information presentation





# REFERENCES

Brick, C, McDowell, M, & Freeman, ALJ (2020). Risk communication in tables vs. text: a Registered Report randomised trial on 'fact boxes'. Royal Society Open Science 7: 190876. doi: 10.1098/rsos.190876

Rebitschek, FG, Ellermann, C, Jenny, MA, Siegel, NA, Spinner, C & Wagner, GG (in prep.). Evidencebased information against vaccine hesitancy before nudging

McDowell, M, Gigerenzer, G, Wegwarth, O, & Rebitschek, F (2019). Effect of tabular and icon fact box formats on comprehension of benefits and harms of prostate cancer screening: A randomized trial. Medical Decision Making, 39 (1), 41-56. doi:10.1177/0272989X18818166.

McDowell M, Rebitschek FG, Gigerenzer G, Wegwarth O (2016). A Simple Tool for Communicating the Benefits and Harms of Health Interventions: A Guide for Creating a Fact Box. MDM P&P 1:1-10.

Schwartz LM, Woloshin S, Welch HG (2009). Using a drug facts box to communicate drug benefits and harms: two randomized trials. Ann Intern Med 150:516-27.

Schwartz LM, Woloshin S, Welch HG (2007). The drug facts box: providing consumers with simple tabular data on drug benefit and harm. Med Decis Making 27:655-62.

# COVID-19 vaccines: Examining the impact of evidence communication guidelines

# John R. Kerr

CAMBRIDGE Winton Centre for Risk and Evidence Communication WintonCentre@maths.cam.ac.uk

## Comment



Consider what information - in what format - would best support your audiences' decisions.

## Five rules for evidence communication

Michael Blastland, Alexandra L. J. Freeman, Sander van der Linden, Theresa M. Marteau & David Spiegelhalter

with danger.

Avoid unwarranted certainty, neat narratives and partisan presentation; strive to inform, not persuade.

There are myriad examples from the cure persuasive", "be engaging", "tell stories with your science". rent pandemic of which we might ask: have Most researchers have experts always been explicit in acknowledging heard such exhortations many unknowns? Complexity? Conflicts of interest? times, and for good reason. Inconvenient data? And, importantly, their Such rhetorical devices often help to land the own values? Rather than re-examine those message, whether that message is designed cases, we offer ideas to encourage reflection, to sell a product or win a grant. These are the based on our own research. traditional techniques of communications Our small, interdisciplinary group at applied to science. This approach often works, but it comes empirical data on issues such as how to com-

the University of Cambridge, UK, collects municate uncertainty, how audiences decide

362 | Nature | Vol 587 | 19 November 2020

## Comment



Consider what information - in what format - would best support your audiences' decisions.

## Five rules for evidence communication

Michael Blastland, Alexandra L. J. Freeman, Sander van der Linden, Theresa M. Marteau & David Sc

Avoid unwarranted certainty, neat narratives and partisan presentation; strive to inform, not persuade.

Such rhetorical devices often help to land the message, whether that message is designed to sell a product or win a grant. These are the based on our own research. traditional techniques of communications applied to science. with danger

There are myriad examples from the cur rent pandemic of which we might ask: have experts always been explicit in acknowledging nknowns? Complexity? Conflicts of interest? Inconvenient data? And, importantly, their own values? Rather than re-examine those cases, we offer ideas to encourage reflection. Our small, interdisciplinary group at

the University of Cambridge, UK, collects This approach often works, but it comes empirical data on issues such as how to communicate uncertainty, how audiences decide

"Our aim is to design communications that do not lead people to a particular decision but help them to understand what is known about a topic and to make up their own minds on the basis of that evidence."

"We worry that the urge to persuade or to tell a simple story can damage credibility and trustworthiness."

"In our view, it is important to be clear about motivations, present data fully and clearly, and share sources."

## For 18-64 year old:

POTENTIAL BENEFITS From 2 weeks after 2 <sup>nd</sup> dose			
	Dummy injection (10,521 people)	Vaccine injection (10,551 people)	What difference did the vaccine make?
Number who developed symptoms confirmed to be COVID-19	156 (1.5%)	7 (less than 0.1%)	149 fewer cases (95.5% reduction in COVID-19 cases)

Number who reported:	Dummy injection (10,315 people)	Vaccine injection (10,357 people)
Pain at the injection site (some also reported redness and swelling)	1,942 (18.8%)	9,335 (90.1%)
Swollen/sore armpit glands	444 (4.3%)	1,654 (16%)
Fever	38 (0.4%)	1,806 (17.4%)
Headache (a similar number reported other 'flu-like symptoms such as fatigue, aching joints, chills)	2,617 (25.4%)	6,500 (62.8%)
Nausea/Vomiting	754 (7.3%)	2,209 (21.3%)







Kerr et al., 2020; https://doi.org/10.3390/vaccines9040379







Kerr et al., 2020; https://doi.org/10.3390/vaccines9040379

## Comment



Consider what information - in what format - would best support your audiences' decisions.

### Five rules for evidence communication

#### Michael Blastland, Alexandra L. J. Freeman, Sander van der Linden, Theresa M. Marteau & David Spiegelhalter

with danger.

Avoid unwarranted certainty, peat partatives and partisan "tell stories with your science". neat narratives and partisan presentation; strive to inform, not persuade.

There are myriad examples from the cur-"tell stories with your science". rent pandemic of which we might ask: have Most researchers have experts always been explicit in acknowledging heard such exhortations many unknowns? Complexity? Conflicts of interest? times, and for good reason. Inconvenient data? And, importantly, their Such rhetorical devices often help to land the own values? Rather than re-examine those message, whether that message is designed cases, we offer ideas to encourage reflection, to sell a product or win a grant. These are the based on our own research. traditional techniques of communications Our small, interdisciplinary group at applied to science.

the University of Cambridge, UK, collects This approach often works, but it comes empirical data on issues such as how to communicate uncertainty, how audiences decide

362 | Nature | Vol 587 | 19 November 2020

#### Comment



## Five rules for evidence communication



# 'PROVE' Framework

•	Pre-empt misinformation & misunderstandings	
•	Inform not persuade	
•	Offer balance, not false balance	
•	State evidence quality	
•	Disclose uncertainties	



## Five rules for evidence communication

Avoid unwarranted certainty, neat narratives and partisan presentation; strive to inform, not persuade.	Persuave', 'be engaging', 'It's lories withyour science'. Most researchers have been duschedorisations many times, and for good reason. Such rhetorical devices often helps to land the message, whether that message is designed to sell a product or win a grant. These are the traditional techniques of communications applied to science.	There are myriad examples from the c- rem pandemic of which we might ask: he experts alwaysbeen explicit in acknowledgi minnown? Complexity? conflicts of intere heavement data? And, importantly, tho saw offer ideas to encourage reflection and on a sample and the sample of the sample to liviersity of Cambridge. UK, colle empirical data on issues such as how to co- municate uncertainty, how audiences decl
--	---	---

# 'PROVE' Framework

•	Pre-empt misinformation & misunderstandings	<b>P</b> re-bunk
•	Inform not persuade	<b>R</b> eliably Inform
•	Offer balance, not false balance	<b>O</b> ffer balance
•	State evidence quality	Verify quality
•	Disclose uncertainties	Explain uncertainty

# COVID-19 Vaccines – a test case for applying PROVE guidelines



Home > Health A to Z > Coronavirus (COVID-19) > Coronavirus (COVID-19) vaccination

## Coronavirus (COVID-19) vaccine

The coronavirus (COVID-19) vaccine is safe and effective. It gives you the best protection against COVID-19.

#### Who can get the COVID-19 vaccine

The NHS is currently offering the COVID-19 vaccine to people most at risk.

### How safe is the COVID-19 vaccine?

The vaccines approved for use in the UK have met strict standards of safety, quality and effectiveness set out by the independent Medicines and Healthcare products Regulatory Agency (MHRA).

Any COVID-19 vaccine that is approved must go through all the clinical trials and safety checks all other licensed medicines go through. The MHRA follows international standards of contacts.

Other vaccines are being developed. They NHS once they have been thoroughly test safe and effective.

So far, millions of people have been given reports of serious side effects, such as alle problems, have been very rare.

## How effective is the COVID-19 vaccine?

The 1st dose of the COVID-19 vaccine should give you good protection from COVID-19 from 3 or 4 weeks after you've had it.

But you need to have the 2 doses of the vaccine to give you longer lasting protection.

There is a chance you might still get or spread COVID-19 even if you have the vaccine.

Comparison of COVID-19 information and version adapted using PROVE criteria (see Nature article: Five rules for evidence communication)

CURRENT: Coronavirus (COVID-19) vaccine	PROVE: Coronavirus (COVID-19) vaccination: making your decision	PROVE Criteria notes		
The coronavirus (COVID-19) vaccine is safe and effective. It gives you	The coronavirus (COVID-19) vaccine is now being offered in the UK.	Inform not persuade	1	Dr. S.L. van dar I think this kind of wording malf
the best protection against coronavirus.	This information is designed to help you make your an informed			
	decision about vaccination. whether to accept the offer or not			Dr. S.L. van der inform not persuade
				Dr. S.L. van der Formatted 🔍
	All medical treatments have potential benefits and potential side		I [	
	effects, you should weigh these up when making your decision.			
How safe is the COVID-19 varcine?	How safe is the COVID 10 vaccine?		4	Alexandra Free I worry about having this as the
The vaccines approved for use in the UK have met strict standards of	Rapid approvals process			Alexandra Free Since the safety information 💌
safety, quality and effectiveness set out by the independent Medicines	The vaccines approved for use in the UK have met strict standards of			This is used and a
and Healthcare products Regulatory Agency (MHRA).	safety, quality and effectiveness set out by the independent Medicines			Alexandra Pree This is unsubstantiated,
	and Healthcare products Regulatory Agency (MHRA).			Dr. S.L. van dier or is this simply a factual
Any coronavirus vaccine that is approved must go through all the				
clinical trials and safety checks all other licensed medicines go through.	Any coronavirus vaccine that is approved must go through all the			Therese Marteau Formatted 🖤
The MHRA follows international standards of safety.	clinical trials and safety checks all other licensed medicines go through.	Prebunking, "Prebunking, requires anticipating potential	Í	
	However, the medicines regulators have provided 'rolling review'	misunderstandings or disinformation attacks"		
Other vaccines are being developed. They will only be available on the	which means that they have been able to assess the data at it has			
NHS once they have been thoroughly tested to make sure they are safe	come in and speed up the authorisation application assessment. The			
and effective.	MHRA follows International standards of safety.			
So far, millions of people have been given a COVID-19 vaccine and	Other vaccines are being developed. They will only be available on the			Alexandra Free This is again written in a 🛛 🔻
reports of serious side effects, such as allergic reactions, have been very	NHS once they have been thoroughly tested to make sure they are safe			Dr. S.L. van der I'm not sure, is there
rare. No long-term complications have been reported.	and effective.			
	So far, millions of people have been given a COVID-19 vaccine and			Alexandra Free This should be under the 'side V
	reports of serious side effects, such as allergic reactions, have been			
	very rare. No long-term complications have been reported.			Theresa Marteau Jeunbornaux side-effects vs. *
How effective is the COVID-19 vaccine?	Potential benefits of the COVID-19 varrine	State evidence quality – use numbers		Dr. S.L. van der benefits and risk with numeric#
The 1st dose of the COVID-19 vaccine should give you good protection	The vaccines are designed to protect you against becoming ill with	"Audiences also judge the credibility of information based on		John Kerr Punctuation added for *
from coronavirus. But you need to have the 2 doses of the vaccine to	COVID-19.	the quality of the underlying evidence, more than its clarity, the	l í	
give you longer lasting protection.		usual priority for a communications department."		
	The vaccine available in the UK at the moment has been tested in over			
	10,500 volunteers aged 18-64 and over 3,500 over 65s, including many			
	ethnicities and people with underlying health conditions. These			
	volunteers were compared with the same number of people who got a			Dr. S.L. van der Quality of evidence

# Current

The COVID-19 vaccine is safe and effective. It gives you the best protection against COVID-19.

# PROVE

The COVID-19 vaccine is now being offered in the UK. This information is designed to help you make an informed decision about vaccination.

# Current

Most side effects of the COVID-19 vaccine are mild and should not last longer than a week, such as:

- a sore arm where the needle went in,
- feeling tired,
- a headache,
- feeling achy,
- feeling or being sick

# PROVE

Most side effects of the COVID-19 vaccine are mild and should not last longer than a week. In clinical trials, certain side effects were more common for people who received the vaccine compared to those who received a dummy (placebo) injection:

Side effect	Percent of people reporting side effect in clinical trial	
	Received a vaccine	Received a dummy injection
a sore arm where the needle went in	90%	19%
feeling tired	68%	36%
a headache	63%	36%
feeling achy	60%	20%
feeling or being sick	21%	7%

# Online experiment

• ~2,000 unvaccinated UK residents aged 18-50 (pre-registered)



# Key results

 No overall effect on vaccine decision (consistent with prior research)





# Key results



Prior vaccine beliefs



• PROVE message (compared to Current) was considered more trustworthy by those with a negative view of COVID-19 vaccines.



Prior vaccine beliefs



• PROVE message (compared to Current) was considered more trustworthy by those with a negative view of COVID-19 vaccines.





• PROVE message (compared to Current) was considered more trustworthy by those with a negative view of COVID-19 vaccines.



# Key results

• PROVE messages elicited less negative cognitive and emotional responses among those with a negative view of COVID-19 vaccines.



Prior vaccine beliefs
## Conclusions

Transparent and balanced communication of COVID-19 vaccine evidence:

- Does not negatively impact vaccine attitudes and intentions.
- Is considered more trustworthy and elicits less negative reactions among those those with negative prior vaccine beliefs.

## Future research

Do these findings generalize to other domains?



# Which PROVE elements have greatest impact?



## Thank you Merci

#### jk802@cam.ac.uk

Blastland, M., Freeman, A. L., van der Linden, S., Marteau, T. M., & Spiegelhalter, D. (2020). Five rules for evidence communication. *Nature*, 587, pp. 362-364. https://doi.org/10.1038/d41586-020-03189-1

AMBRIDGE Winton Centre for Risk and Evidence Communication WintonCentre@maths.cam.ac.uk